

Monthly dashboard

Okra

Jan- 2026



Acreage and production trends



Okra crop calendar of major producing countries

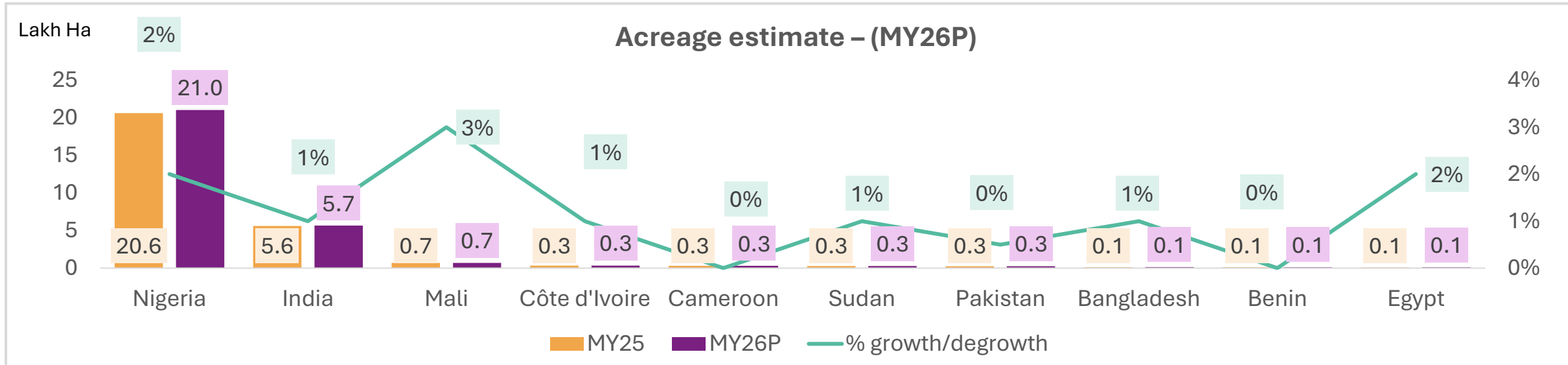
Countries	Jan	Feb	March	April	May	June	July	August	September	October	November	December
India												
Nigeria												
Mali												
Sudan												
Pakistan												
Egypt												
Côte d'Ivoire												
Benin												
Bangladesh												
Cameroon												

Lean season  Peak season 

- The okra crop calendar for major producing countries shows two peak harvesting seasons: summer and rainy season, except for Pakistan, which has peak harvesting seasons in summer and winter. Key countries with summer and rainy season peaks include India, Nigeria, and Sudan.
- In Nigeria, okra can be harvested year-round, but the peak harvesting periods are during the dry season (December to April) and also during the wet season (August to September).
- In Bangladesh, the typical okra harvesting period is from February to July, but with proper management, it can be produced year-round. The fruits are usually ready for harvest 45-60 days after sowing, depending on the variety and season.
- In India, okra can be harvested year-round in some southern regions, but in other areas, there are two main cropping seasons: the summer crop and the rainy season crop.

Note: Okra are harvested throughout year globally with crop calendar varies across the countries. Marketing year (MY) is considered as Jan-Dec

Acreage estimates of major okra producing countries



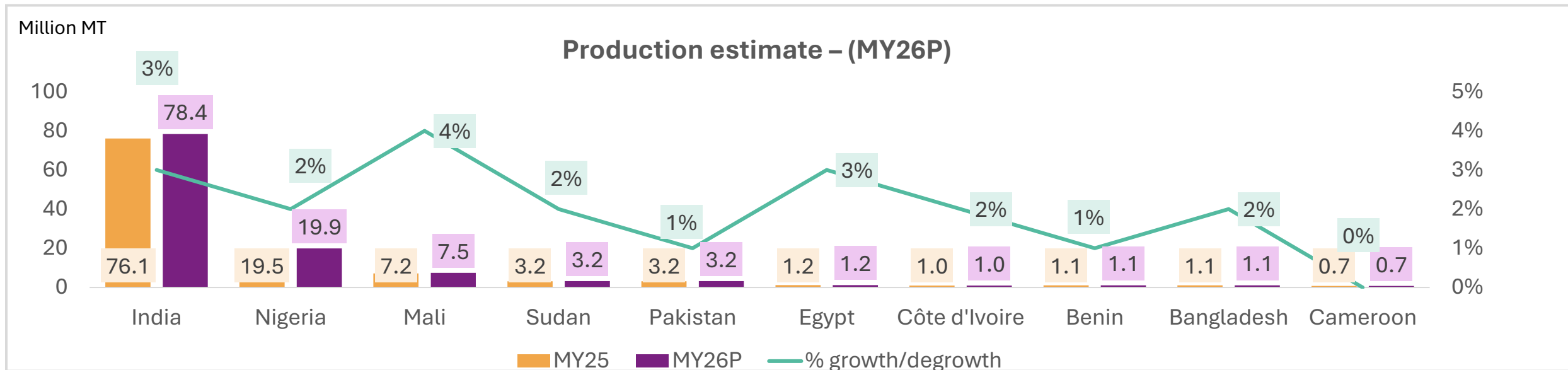
P – Projected value; MY – Marketing year (Jan-Dec)

- The countries in the sample set **contribute to ~96% of global area**, with global acreage expected to increase by **by 1-2% YoY in MY26P**, led by countries such as Nigeria, India, Mali, Cote d’Ivoire, Sudan, Bangladesh and Egypt.
- Nigeria okra acreage in MY26P is expected to **increase marginally**, as adoption of newly released high-yielding varieties such as AVOK1504 is enabling farmers to **recover yields lost to leaf curl virus and jassid pressure¹**, reducing the need for acreage expansion despite rising market demand.
- **India okra yields in MY26P are expected to remain firm, led by Gujarat**, particularly the Saurashtra–Kutch region, where **productivity of around 20.6 t/ha²** indicates a relatively mature and yield-stable production base, supporting output without significant acreage expansion.
- Egypt okra acreage in MY26P is expected to remain strong, as improved integration between farming and agro-processing in key producing regions such as Minya is supporting assured offtake and reducing volatility for growers, thereby sustaining cultivation levels.
- **In Bangladesh, traditional okra cultivation methods are re-emerging in districts like Gopalganj and Bagerhat**, using floating beds made of water hyacinth and bamboo, which is aiding in converting waterlogged land into productive zones and supporting acreages under the crop.

Source: Okra acreage estimates by country for MY25 and MY26 are derived from trends observed in FAOSTAT data.

1. World Vegetable Centre. 2. <https://gujaratinformation.gujarat.gov.in>

Production estimates of major producing countries



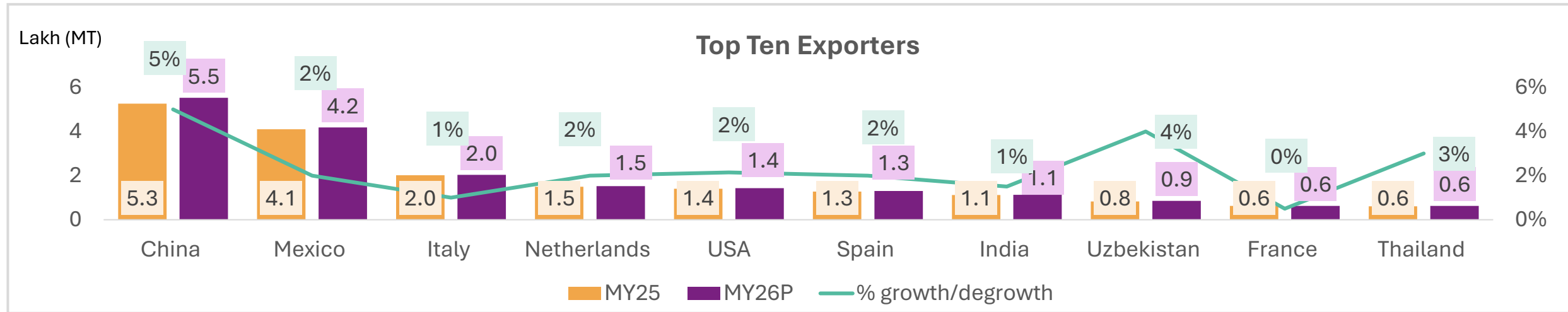
P – Projected value; MY – Marketing year (Jan-Dec)

- The countries in the chart **contribute to ~98% of global production**, with production for MY26P expected to improve **moderately by 2-3%** led by countries such as India, Nigeria, Mali and Egypt.
- India’s okra production grew by approximately 4% year-on-year in MY25, driven by an increase in average yields to 13.56 t/ha from 13.11 t/ha in the previous year¹. **For MY26P, production is expected to remain firm**, as yields are likely to stay at elevated levels with stable acreage.
- Mali’s okra production in MY26P is expected to grow by 4%, as improved medium-podded varieties such as Konni², widely grown in southern belts, continue replacing recycled seed, helping reduce yield losses from leaf curl virus and pest pressure
- **In Sudan, okra is becoming a focused crop** due to food security challenges, with the community adapting to drying and storing okra as a means of food security, which has supported increased okra production in the country.
- **In Benin, initiatives like the SafeVeg Project**, which distributes high-performing, climate-resilient vegetable seed kits, including okra, to smallholder farmers— have increased the overall yield.



Export trends and price outlook

Major exporters of Okra

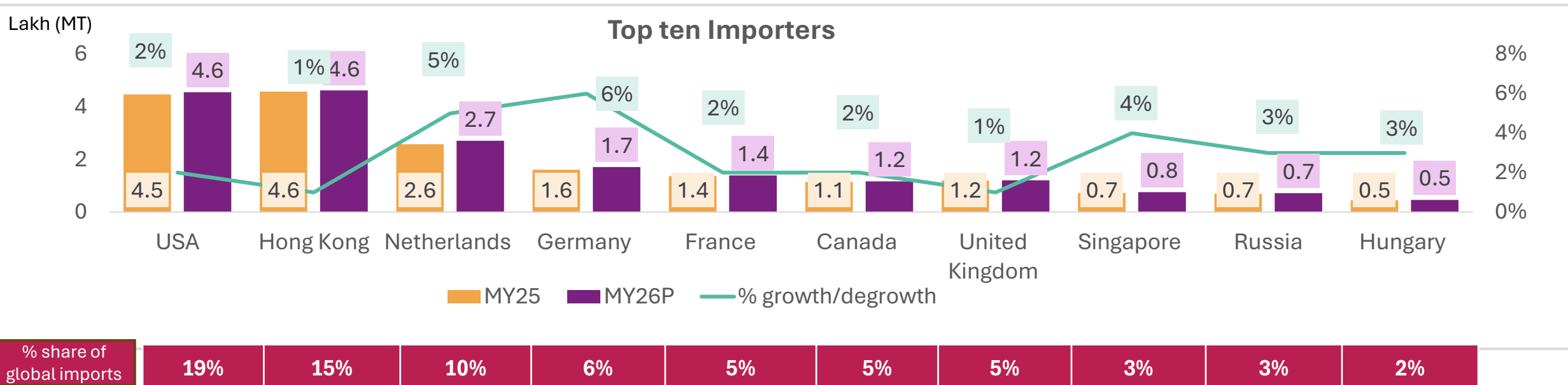


% share of global exports	22%	16%	8%	6%	6%	5%	4%	3%	3%	2%
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P – Projected value; MY – Marketing year (Jan-Dec),

- **The countries in the chart account for ~76% of global okra exports, with China being the largest exporter, and global okra exports in MY26P expected to increase by 2-3% YoY, led by China, Mexico, Uzbekistan, Netherlands, USA, Spain and Thailand.**
- **India's okra exports in MY26P are expected to remain stable, driven by sustained demand from the UK, Germany and North America** for small, dark green, tender pods grown from export focused varieties¹. Strict EU residue and quality standards drive adoption of improved cultivation and post-harvest practices to ensure competitive supply in MY26P.
- Uzbekistan's exports grew at a **~24% CAGR between MY20- MY24**, increased by 5% in MY25, and are projected to rise another 4% in MY26P, supported by government initiatives and improved greenhouse farming.
- Spain saw strong okra demand in Europe, especially in the UK, France, and Belgium due to growing immigrant populations, supporting higher exports from Andalusia in MY25.
- **Mexico's exports grew at a ~44% CAGR (MY20–24)**, driven by rising plant-based cuisine demand in the USA and Canada, a trend expected to continue. **China's exports, up ~13% CAGR (MY20–24)**, are fueled by US demand for exotic vegetables, with ongoing momentum.

Major importers of Okra

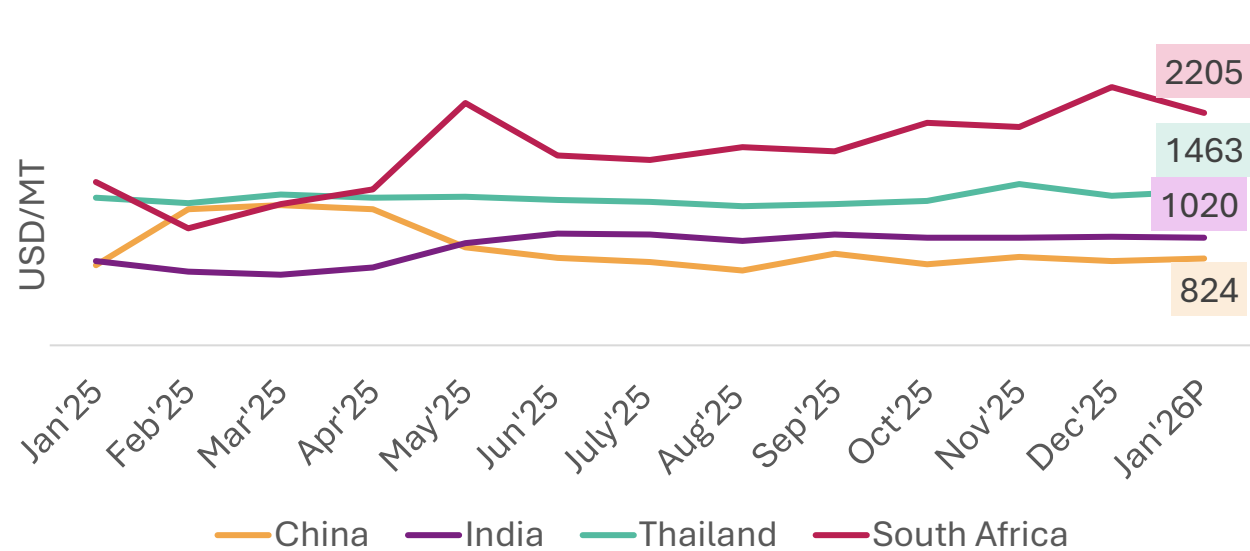


P – Projected value; MY – Marketing year (Jan-Dec)

- The countries in the chart accounts for ~71% of the global imports. **Global imports for MY26P expected to increase by 2-3% on year.**
- **In MY26P, European okra imports are expected to remain stable to slightly higher**, supported by consistent weekly shipments of ~200 t entering markets such as Spain, Portugal, France, the United Kingdom and Italy from Central American origins. Okra supply from Central America is being impacted by labour shortages during peak agricultural seasons, particularly in Honduras where okra competes with coffee harvest labour needs.
- In MY26P, India's new export-focused okra varieties—Arka Anamika, Parbhani Kranti, Mahyco Hy 10, and Nunhems Shakti—are entering the UK, Germany and North America market, favored for small, dark green, tender, blemish-free pods.
- In Singapore, the market expanded steadily from MY 19- MY24, achieving a 2 % CAGR. **In MY26P, demand for frozen okra is expected to rise as Singaporean consumers increasingly favor convenient, plant-based food options.**
- Netherlands' okra imports have increased at a CAGR of ~ 20% (MY19-MY24), driven by rising demand for fresh and diverse produce in Europe, as well as the country's strong logistical hubs supporting re-exports. **Hungary's demand for healthy snacks has driven okra imports, resulting in tremendous growth with an 84% CAGR over five years.**

Export prices forecast

Export Price Trend

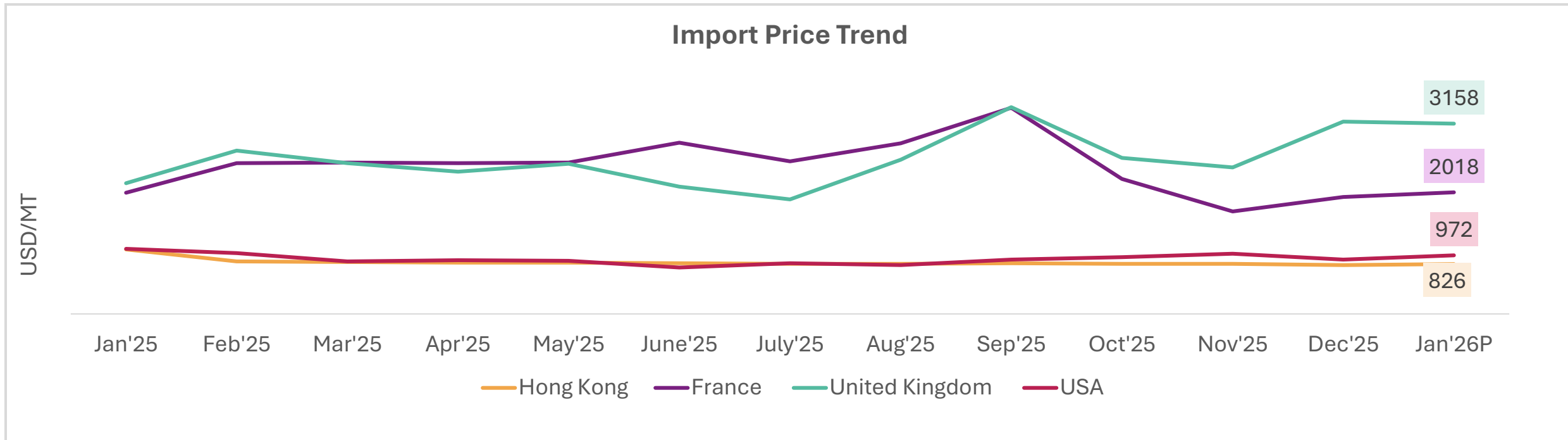


Price outlook for next quarter (FMA)

Countries	Jan'26 Price (USD/MT)	Jan'25 Price (USD/MT)	%age change	Price direction	Average price range for FMA (USD/MT)
China	824	760	8%	Sideways	820-845
India	1020	800	27%	Bearish	900-1000
Thailand	1463	1400	4%	Sideways	1450-1500
South Africa	2205	1550	42%	Bearish	2100-2200

- **In January 2026, China's okra export-linked pricing remained stable around the equivalent of ~USD 1.00–2.33/kg at the wholesale level**, and for next quarter prices are expected to stay largely range-bound, as ample supply balances demand with limited seasonal export-driven upside.
- In January 2026, Indian okra export prices traded around USD 890–1,030/MT, higher than the previous year due to stronger export demand and relatively firm market conditions. For the next quarter, prices are expected to remain broadly under pressure due to higher production levels.
- **In January 2026, Thailand's okra export prices rose 4% year-on-year.** High rainfall and floods in key regions like Suphan Buri are keeping prices elevated. However, contract farming covering about 40% of frozen okra exports with prices fixed 8–10 months ahead offers stability amid weather challenges.
- **South African export prices are expected to remain bearish in the coming quarter, following a 42%YoY increase in January 2026.** Ongoing volatility, driven by erratic rainfall and high production costs, has constrained supply consistency and weighed on price realization.

Price trends of key importing nations



- **US import prices for okra in January 2026 remained higher**, supported by active air shipments through South Florida and rising arrivals from Honduras, with occasional supply from Nicaragua. Medium to large okra and Indian type large pods were traded at USD 30 to 32 per half bushel carton, reflecting tighter near term availability and stronger import demand compared to early January.
- **Hong Kong's okra import prices declined by 5% year-on-year in January 2026**, driven by higher imports from lower-cost regional suppliers such as China, whose prices are 4–5% cheaper. Improved logistics from ASEAN and South China, along with weaker demand resulting from US tariffs, also contributed to the price drop.
- **France experienced a moderation in prices in January 2026, supported by steady supplies from Spain.**
- **UK okra import prices jumped 31% month-on-month in December 2025**, driven by tight supply during the winter season and higher freight and logistics costs. For January 2026, prices are expected to remain modestly firm, supported by steady off-season demand and limited arrivals from competing origins.

Thank You

Methodology for Price Forecasting

Our methodology combines comprehensive secondary research, targeted stakeholder consultations, and rigorous analytical techniques to ensure accuracy and actionable insights. The methodology comprises three key stages: Data Collection, Data Analysis & Interpretation, and Price Forecasting.

Data Collection



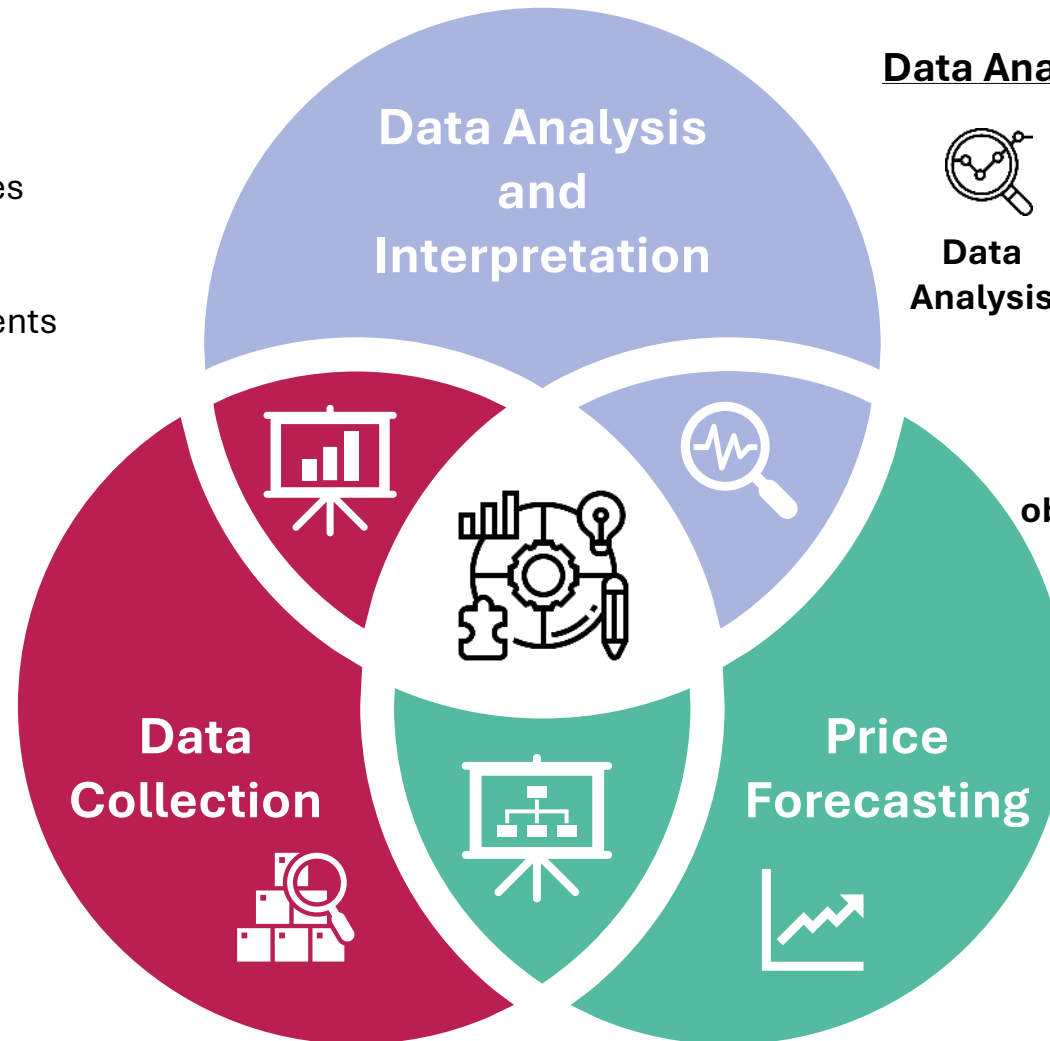
Sources

- Global agricultural databases (USDA, FAO, etc.)
- Country-wise statistics from official agriculture departments
- Industry publications and research reports



Policy Updates

- Detailed review of Production policies & trade barriers for each country
- Data from government websites & official publications



Data Analysis and Interpretation



Data Analysis

- Supply-demand assessment
- Policy impact analysis
- Stakeholder consultations



Key objectives

- Production trends
- Trade dynamics
- Policy implications

Price Forecasting

- Historical Trend & Seasonality
 - Macro-Economic & Trade Variables
- Integration of commodity fundamentals to forecast future price ranges.

Structured consultations with Indian exporters and industry associations, cross-verifying secondary data and validating price forecasts to refine production, trade, and policy assessments.